

## Resource 1

Look at the resource below, which shares some of the ways trees help us.

Trees can protect the Earth from flooding, fires, wind and soil erosion.

Trees provide us with wood.

Some fruits, nuts and other food come from trees.

Can you think of any

other ways trees help

us?

Trees can be beautiful to look at. Many people enjoy trees and can find being near them relaxing and peaceful.



Trees can be a natural playground to climb and explore!

Many insects, birds and animals live in trees.

Trees produce oxygen, which we breathe.

The shade from a tree can help to keep us cool.